



Higher Certificate in Exercise Science

It is hereby certified that
Samantha Leader

533094367

01 February 2018

Identity Number

Endorsement Date

has passed the theory and practical examinations and fulfilled all requirements for certification.

MODULES

Anatomy and Physiology *20 Credits*
Principles and Methods of Health related training *20 Credits*
Safety *15 Credits*
Exercise and Modifications for Special Needs *20 Credits*
Psychology and Lifestyle Issues *10 Credits*
Legal and Insurance Issues *8 Credits*
Entrepreneurship *10 Credits*
Nutrition and Weight Management *10 Credits*

ELECTIVES

Exercise in different environments *10 Credits*
Sports Conditioning *10 Credits*

OCCUPATIONAL DESIGNATION (REPSSA)
PERSONAL TRAINER


Health & Fitness Professionals Association

Health & Fitness Professionals Academy (Pty) Ltd T/A Health & Fitness Professionals Association™
Registered by the Department of Education for the qualifications as shown on
Certificate Number: 2001/HE07/002 (HFPA) Registration No. 2002/008172/07

